**In The Beginning**

**There Was Nothingness**

**And Then**

**A Single Point of Light Appeared**



*THE THEORY OF EVERYTHING*

*Prelude*

 (*I had spent five years writing a book I was going to tittle “**Learning to See.’ I was putting the finishing touches on the final edit of the first chapter, I call them Keys, when I realized that a healthy part of what I had written proposed a layman’s explanation of “The Theory of Everything.” an elusive scientific formula Albert Einstein and Stephen Hawking had spent years searching for. This book is not an actual scientific paper on that theory, nor is it religious in nature. However, the Theory of Everything relates to most of my book’s three Keys, so I modified the book to accommodate it all.)*

 Each of us is connected to the infinite source of all things. Understanding the nature of that connection is the first step in learning to understand how reality is constructed.

 I began to meditate when I was in my early twenties, and when I did, I started to see things with my mind. Call them insights… call them visions… they appear in my mind, eyes open or closed, without my consciously thinking about them. Sometimes they showed things that had no reason to be in my brain at all, things I had absolutely no knowledge of, or experience with. I have spent the last fifty years of my life trying to figure out where they were coming from.

 Some of the things I discovered were so profound that I authored this book about them. It is my belief that reading it will change the way you perceive this Reality, the Creation of our Universe, and the importance of the evolution of biological Life.

 Why do I believe I am right? To begin with, some of the things I see when I meditate portray a far different view of Reality then the one that I was taught in school. In addition to that, I believe my visions are real because they fit together perfectly, logically, like an enormous tabletop puzzle.

 Learning to understand my meditative visions wasn’t easy. It has taken the better part of a lifetime. But when I finally understood them, the knowledge set me free from my fears. The fear of love, fear of failure, even the fear of my approaching death, no longer keep me from being who and what I was born to be… me.

 Would you like to share my experience… shed your inner fears… live your life proudly unafraid of life’s unpleasant events? If you are nodding your head affirmatively, read this book, oh, and keep your mind open while you do. Just be sure your own Spiritual Change is something you are comfortable with before you read it, because it views creation as a mechanical, predictable phenomenon.

 Some thoughts have the power to alter your perception of Reality. This book is full of them. Although it is somewhat small as books go, the thoughts it contains are like powerful seeds. Once you allow them into your mind, you will never find a way to stop the changes they will foment. This was certainly true for me because my understanding of Reality changed when I first encountered them.

 Let me tell you how my journey began, nearly sixty years ago. I was twenty-four, with a new wife. We were thinking about starting a family.

 It was the end of August, 1969, and I had just been discharged from the US Army. I was going home. I should have been completely happy, but my happiness had a tint of melancoly. Some of my childhood friends and many of my military comrades were not as lucky. They would never return home. I felt our leaders had betrayed us. I was an angry young man and I didn’t like being one.

 On the flight from Fort Dix New Jersey to Chicago, I found a relativly new copy of “Mechanics Illustrated.” In the back of the magazine there was an advertisement that caught my attention.

The add said:

“LEARN TO CONTROL YOUR MIND WITH BIO-FEEDBACK”

 There was a picture of an “Alphaphone,” a device that taught you how to hyper-focus and generate pure Alpha Waves with your mind.

 As I remember, all these years later, the add said I could learn to control my emotions. And, so, I decided to learn how to meditate in order to control my temper. I wanted to be a good husband… and father. I ordered one as soon as I unpacked my duffel bag.

 The first step, learning how to generate Alpha Waves for a second or two was the easy part. The second step, learning to remain in an alpha wave state for five minutes or longer was terribly difficult for me. I had to quiet my mind for long periods of time by controling my Internal Dialog. It may sound like a child’s game, but it isn’t. Monks have spent years in caves while learning to control their inner dialog.

 After a year of practicing, My best efforts could only keep my mind quiet for a minute or so. It takes a lot of concentration to force your mind to stop talking to itself, even for a few minutes. It was certainly true for me.

 Fortunately, my brother had talked me into racing motorcycles with him: dirt bikes. We were both gaining weight and getting out of shape. Not only does racing require extreme physical exertion, racing dirt bikes requires tremendous mental focus for long periods of time. The moment you stop concentrating, you hit something or crashed.

 The hyper-focused state of mind you must remain in to race a motorcycle is exactly the state of mind you must attain to silence your internal dialog. A year after I started racing, I could keep my mind quiet for fifteen minutes at a time.

Slowly, I developed an interest in other cultures that practiced meditation. I experimented with many of the techniques they used to improve concentration and subdue their internal dialog.

 The Japanese Samurai were big on it. Kung Fu Masters learned it. Zen Archers were masters of concentration. Practitioners from other cultures turned to extreme measures to quiet their minds. Gradually, I developed my own technique.

 Fifty-some years later. and I still have a strong spiritual curiousity. I meditate daily and find myself closing my eyes and drifting into a receptive mental state whenever I have a few moments to relax.

 The insights and images that float through my mind when I am doing this, or just as I finish, can be incredible. I believe some of them to be very inportant revellations. Like “The Theory of Everything.” I do have a basic scientiffic formula. However, I obtained the formula by reading my description of the theory into an AI program. The program wrote the formula, so I cannot guarantee its validity. But, I can comfortably provide an explaination it. I can do that because I can see it: just as clearly as I see the house across the street. It isn’t magic. It's a mechanical function of our conscious awareness, anyone can do it.

 The search for metaphysical knowledge and increased psyhcic abilities has driven many of those seeking them mad. It is a common madness among human beings, the same madness that infects prospectors and treasure hunters alike… the quest for unimaginable wealth and power.

 All of the Pharohs, the Emperors of Rome, Alaxander the Great, and Kublai Khan, had more wealth than their armies could carry. Each of them held seemingly god-like power while they were alive. Still, at the end of their days on earth, they could not bring their powers, or any of their massive personal treasures, into the afterlife with them. In various forms, it’s all still here.

 The truth about this Reality, the creation of our Universe, the solid matter it contains, and all the Life within it, is that everything here is temporary. All the things that look solid have a beginning and an ending. However, our scientific community tells us the Energy that forms all of those things is indestructible.

 How, and why, does one unique, but indestructible thing form so many different temporary objects? I believe that what I have to say will surprise you. It portrays a different approach to understanding Reality, but it does make sense.

 We struggle to look for answers about our awareness, our relevance, even our very existence, but so far, the answers have been evading us. Anyone looking for them must sift through volumes of old fables, legends, and even outright lies. It’s as if they’ve been hidden behind a veil of illusions.

 I concluded long ago… the actual written answers are not here. To find the reasons why any of this Reality exists, we must look deep inside ourselves and examine our true nature. Therein lies the secret to our creation, our awareness, and our reason for being.

 It is written, “The Pharisees and the Scholars have taken the keys of knowledge and have hidden them. They have not entered, nor have they allowed those who want to enter, to do so.” (*Gospel of Thomas, Saying 39*)

 I believe I have found three of those Keys. They unlock some of the mysteries surrounding Creation, Reality, and Life.

 Understanding them will open your mind’s eye and will enable you to explore your chosen path, without fear or guilt, while you experience the full potential of your existence.



 It is with great happiness that I offer them to you.

THE FIRST KEY



Creation

(The Theory of Everything)

 Imagine an infinite Sea of Nothingness. There is no Light, no Matter, no Space-time, and the Laws of Physics do not apply.

 From this point, our men and women of science tell us that, suddenly, a point of light appeared. It was a miraculous phenomenon containing everything necessary to create a new reality and the universe that would soon form within it. It was incredibly hot and expanded so rapidly that it appeared to be an explosion. However, it was not a destructive force, it was a creative one. Scientists call the Creation Event “The Big Bang.”

 Logic suggests, as our new universe expanded outward, that Sea of Nothingness would still surround this Reality. When I focus my thoughts on the outer edge of our universe, logic tells me that the Sea of Nothingness is still there. Nothingness is an important part of this Creation, something we should never forget.

 Our greatest scientific minds tell us this universe was formed from Energy. They speak of subatomic vibrating strings, or bundles, of Energy, held within a minute one-dimensional phenomenon, a Singularity. They tell us such a singularity was able to hold enough Energy to create trillions of galaxies because, “Although the Energy required to form them is infinite, Energy has no mass and any amount of it would fit into such a small space.”

 Our scientist’s best estimate is that our Universe is sixteen billion years old. They also believe it has a diameter of ninety-three billion light-years. That would give it a radius of forty-six and one-half billion light years. If that is so, part of its initial expansion exceeded the speed of light, or the speed of light was not constant during the initial moments of the creation event.

 I have read that several prominent scientists support the idea that faster than light expansion was possible because everything was expanding through “Nothingness” and the physical laws of our modern universe did not apply to it. Those scientists also view Nothingness as being important to the formation of our physical universe.

 Although our Universe is still expanding into that same Nothingness, the speed of light is constant now. Because matter was being created while our new universe was expanding faster than light I need to ask, “How did Energy know what kind of Matter and EM Waves it needed to form, and in what quantities, when the laws of Physics did not yet apply?”

 Current scientific research offers many different theories addressing the questions about Matter, Energy, and the speed of light. It is possible that none of them are correct.

 During my life, scientists have consistently changed their minds about the size of the Universe, its age, whether stars are accelerating or decelerating, and its ending. As they are on a path of continuous exploration, future discoveries ensure that they will change their minds again, and again.

 I accept this: just before the Bang, this Reality and this Universe did not exist. All the things this Universe now contains were mere possibilities locked inside a one-dimensional phenomenon that had no mass.

 Those that study the creation of our Universe are seriously trying to understand how Energy, a single phenomenon, was able to give a solid, functional form, to such a vast number of unique objects, thereby paving the way for this Reality to evolve.

 Scientists and spiritualists agree that Energy forms Matter. They believe Energy is the stuff that built, and continues to power, this Reality. Most of them accept that Energy drives the continued evolution of all things within our Universe. How and why Energy forms all of the different types of matter in our Universe has been the Holy Grail of theories for Physicists: The Theory of Everything.

 With that in mind, the discussion of the nature of Energy, and its relationship with Matter, would be a logical place for us to launch our journey together. Let’s begin.

 It takes an enormous amount of Energy to construct a small amount of Matter. To recreate our universe would take an unimaginable amount of it. I want to help you create a mental image of the sheer power necessary to fabricate all the stars and planets. It is an image that you should always carry with you.

 Compared to you and me, the Universe seems incredibly, unimaginably large. It contains trillions of stars and may hold trillions of galaxies.

 Our scientific community currently estimates that raveling at the speed of light, it would take ninety-three billion years for us to go from one side to another. By human standards, that is an incredibly vast distance. Think of the amount of “Solid” Matter something that enormous could hold.

 The creation of a solid universe constructed from energy is a problem that scientists have struggled with for a long time. Without having a solution for it, simply understanding the situation will change how you perceive life and reality.

 In the early 20th century, when we were just learning to fly, a small but brilliant man gave us the tools to understand the problem. Albert Einstein determined that Matter and Energy are interchangeable but cannot be destroyed. He proved it with his Mass-Energy Equivalence Formula, *E* = *m**c*2.

 A few years before that, Einstein also developed the Theory of Relativity, which says, “Matter forces space-time to curve, and space-time causes Matter to move.” Both theories are relevant to the following discussion.

​​ Albert Einstein proved both of his now-famous theories about one hundred years ago. Nuclear reactors and atomic bombs are examples of his Mass-Energy Equivalence Formula at work. We can travel to other planets of our solar system because we understand his Theory of Relativity.

​ Scientists can measure Energy, predict its output, and modify its behavior. Engineers can put Energy to work. Our tools and our toys are examples of their expertise. We use Energy daily in every facet of our lives. Energy is the power that creates and animates this Reality.

 Modern scientists admit they do not understand what Energy actually is. They have identified and labeled many types of energy, but try to get a concise definition, and many of them brush it off, calling it an abstraction. However, it is an abstraction that can create or destroy cities, planets, entire star systems, and more. Think about this…

 During the Second World War, the United States used 13.6 pounds of plutonium to make the atomic bomb dropped on the Japanese city of Nagasaki. The bomb’s plutonium core was about four inches in diameter.

​ The blast was immense. The aircrew that dropped the bomb watched the entire city's destruction in a smoldering, Biblical-style devastation.

​ The explosion only used a small percentage of the plutonium, but for the following thought experiment, let us say that the reverse of this would also be true. We could take all the energy released from the Nagasaki bomb and transform it into a similar plutonium sphere.

​​ Visualize yourself standing on a hillside overlooking the city of Nagasaki. You are holding a softball-sized sphere of plutonium in your right hand.

 A blinding flash leaves your mouth agape as an immense fireball consumes the city. A rapidly rising mushroom cloud forms in front of you. You watch while the cloud rises over the burning metropolis and then glance at the metal sphere in your hand, understanding the horrific power it contains.

 Now, try to visualize the amount of Energy you would need to recreate the planet Earth, the planet Jupiter, or our Sun. Concentrate while you compare the increasing size of the different celestial bodies. Allow their images to fill your mind.

 Scientists estimate the weight of the planet Earth to be 13.2 septillion pounds (24 zeros). The re-creation of our Earth would require a staggering amount of Energy.

​ Thirteen hundred, that’s 1,300, planet Earths could fit inside of the planet Jupiter. Imagine the small sphere of plutonium that caused the Nagasaki blast and think of the Energy required to create another Jupiter sized planet.

 Are you starting to feel small? We are just beginning.

 A whopping 1.3 million Earth-sized planets could fit inside of our Sun: think of the amount of Energy required to make another star like our Sun… Releasing it all at once would cause an explosion that would consume our Solar System, a Stellar Nova.

​ In this Reality of ours, size is meaningless. The word immense is relative to what and where you are. To a human standing on a hillside overlooking Nagasaki, the blast created by the atom bomb was immense. Compared to our Sun and the planets surrounding it, the Milky Way Galaxy is immense, and the atomic bomb that destroyed the city of Nagasaki is insignificant.

 Let’s think about the Milky Way and how its stars light up our night sky. Most scientists believe the Milky Way contains hundreds of billions of stars. That would require a monstrous amount of Energy to recreate.

 The explosion the Milky Way would cause if the whole thing blew up at once is difficult to comprehend, Billions of stars exploding in a microsecond, billions of Novas, and Supernovas. I know it is a struggle to form an accurate image of it but try.

 Our current technical abilities suggest there could be more than twenty-trillion galaxies in the universe, but that could be a gross underestimation of the actual number. We will have to wait for our technology to improve before getting a more reliable figure. With our current technology, we can only make an educated guess. However, scientists understand the amount of Energy required to recreate our universe is so enormous it defies comprehension.

 Let us get to the point, the creation of Matter. Our scientific community accepts that all the Energy required to create our Universe existed in an atom-sized singularity before the Big Bang. Some scientists say the Creation Singularity was even smaller than a single atom of actual matter. How is that possible?

 The concept of one subatomic singularity being the source of everything in the universe was difficult for me to accept. I needed to answer one perplexing question; how could it all be squeezed into such a small space? I did what I always do when I am stuck searching for an answer. I silenced my internal dialog and began to meditate. A few minutes later, silently, a picture formed in my mind.

 I saw an image of my hand as I was rubbing my thumb and forefinger together. A few seconds later, a verbal explanation accompanied the image, “Before the Big Bang, I could have placed the contents of our Universe, trillions of galaxies, between those fingers of mine, rubbed them back and forth, and never felt a thing.”

 Taking a deep breath, I leaned back in my chair and laughed at the simplicity of the image. I thought aloud, “Behold, the greatest of mysteries. A microscopic phenomenon without mass has created all the Matter in the universe.”

 Our current mathematical laws state, zero plus zero is zero, and zero times zero is zero. That tells me something with zero mass could not be formed into a ball of something with a positive mass. This Reality, containing trillions of galaxies, should not be here!

 Quantum Mechanics offers a different mathematical explanation for the Creation Event, but it does not change the image of me rubbing my thumb and forefinger together and feeling nothing. That image is undeniable.

 Everything I know about reality and this creation is logical. There is nothing logical about reducing trillions of galaxies to something the size of a single atom. I concluded then, a metaphysical explanation would be necessary to make sense of it all.

 This physical Reality, our Universe, you and I, and all living things caught up in it, may only appear to possess solid form. Matter, the stuff used to build this enormous Reality, seems to be created from tiny bits of nothing. The frustration of the moment was overwhelming. I desperately wanted a better explanation of the creation of Matter.

 Most members of the scientific community view Energy as an indestructible phenomenon. That statement forces me to ask, “Where was all of that Energy held prior to the Creation Event and how many infinite phenomena are there?”

 Logic tells me an infinite phenomenon would contain all things. If true, there can only be one of them, and all other things must exist within that single infinite phenomenon. That would mean other objects or phenomena that appear infinite are different manifestations of the original phenomenon, like Energy and Matter.

 Following that line of thought, my next question would be, “Is Energy itself that basic infinite phenomenon, or is Energy simply one of many manifestations of a more powerful something?”

 This was getting confusing, and I hadn’t begun to think about where all of that Energy might be stored. Was it in the Singularity or was there something else everyone was missing?

 It was as if I was fighting a Hydra. Every time I answered one question, two more appeared to replace it. I desperately needed more information.

 To me, the Singularity Hypothesis creates as many questions as it answers, such as:

1. Was the Singularity destroyed during the Creation Event, thereby dispersing everything necessary to construct this Reality and the Universe within it?
2. If the Singularity was destroyed, where does the Energy to create further Verses of the Multiverse come from?
3. If the Big Bang did not destroy the Creation Singularity, where are its remains?
4. When Matter changes form, as in a supernova or an atomic bomb, becoming Energy once more, where does the released Energy go? Afterall, it is indestructible.

 I spent many years contemplating the Creation Singularity. I did so every day before beginning my meditation. Then, one day in December 2020, after I had finished meditating, a simple statement entered my mind, “The Singularity Hypothesis is wrong. The First Dimension is the source of creation.”

 Immediately, a stream of related insights and revelations began flowing into my mind. They forced me to start writing. I scribbled six pages of notes in less than ten minutes. When the ideas stopped flowing, I sat in amazement for a while; then, I began organizing the information.

 I remember thinking, “If the Creation Event emanated from the First Dimension, would that lead us to a better explanation of the origins of this Reality than the Singularity Hypothesis?”

 I re-read my six pages of notes and immediately recognized the elegant simplicity of this revelation. It was there; a formless, but immense, number of Possibilities was ejected from a one-dimensional phenomenon, but it was not a singularity. The Possibilities that formed this Reality came from the First Dimension.

(*I need to clarify a point. When I use the word “Possibility” in this document, I am not referring to something like a “Have you considered…” note a physics professor might give one of his students after reading a term paper. I am referring to a unique formless and motionless object that can only take solid form in an environment that allows it to move. A Possibility in the First Dimension would be a single point. In a one-dimensional world there would be no provision for motion.*

 *Think of your favorite chair. In the First Dimension your chair would not have a height, width, or length and it would be motionless, unable to move. You could not see it or touch it, and definitely… not be able to sit in it. It would only be the possibility of a chair when it is in the First Dimension. Moving that possibility into the Fourth Dimension and Energy held in Space-time would make it a functional chair again. The First Dimension holds infinite Possibilities that can only take form in the Fourth Dimension.)*

 This was the beginning of my understanding that all things existing in the Fourth Dimension, this Reality, have a dual nature, like Energy and Matter, and are connected with a formless Possibility that exists in the First Dimension. It was the moment I opened my mind and began learning to see with it.

 First Dimension Possibilities are motionless. Fourth Dimension objects have the ability to move and interact with one another. First Dimension Possibilities are infinite, their counterparts in the Fourth Dimension are temporary.

 Take for instance, an orange. (My daughter created this picture before I began to write this book. I must admit, it was an inspiration.)

 The life of an orange will always be a formless Possibility in the First Dimension.

 In the Fourth Dimension, an orange grows on a tree, falls to the ground, and is eaten, or rots, eventually turning to dust.

 The Fourth Dimension itself is an infinite possibility in the First Dimension. However, the different Realities or Verses animated within it, like our Universe, are temporary. and just like those oranges will crumble into dust. *(Our Universe, or Verse, is an individual separate Reality existing as an infinite Possibility in the First Dimension. Like the orange*, it’s *all a temporary construction.)*

From this point forward, I am going to discuss Energy… a lot. I want to clarify some things about energy before we go on.

What is Energy?

 In order for me to explain some of the things I have seen in meditation, I needed a good basic understanding of Energy. I looked at the findings of several of our renowned universities to see what I could discover.

 MIT's physics department defines energy as the capacity of a system to do work, meaning its ability to induce change in its surroundings or in other systems. It's a conserved quantity, meaning it can be transformed but not created or destroyed. Energy can exist in various forms, including kinetic, potential, thermal, electrical, and chemical.

Let me elaborate:

* Energy is thought of as the capacity to do work:

Energy is the fundamental property that allows a system to perform work. Work is done when a force moves an object over a distance.

* Energy is a conserved quantity:

The law of conservation of energy states that the total energy of an isolated system remains constant over time. Energy can be converted from one form to another, but the total amount of energy in the system never changes.

* MIT lists five various forms of energy. They are:
	+ [Kinetic energy](https://www.google.com/search?client=firefox-b-1-d&cs=0&sca_esv=b3c2877e5f698d99&q=Kinetic+energy&sa=X&ved=2ahUKEwjfq5a1rMaNAxVxRjABHcYtJgQQxccNegQIExAB&mstk=AUtExfCBiARfVydlEsAxsWfoCP62KxJ5yikyieMeYfK0WK28uDyytwXZC_-zfejuUyCiTnYfcr4l7kl6KfdIFkKtPmjlPFwJvkNybEIg0dkIlcMxeJKqf7V_jYZrJDSv9iwkbtg&csui=3): The energy of motion.
	+ [Potential energy](https://www.google.com/search?client=firefox-b-1-d&cs=0&sca_esv=b3c2877e5f698d99&q=Potential+energy&sa=X&ved=2ahUKEwjfq5a1rMaNAxVxRjABHcYtJgQQxccNegQIGRAB&mstk=AUtExfCBiARfVydlEsAxsWfoCP62KxJ5yikyieMeYfK0WK28uDyytwXZC_-zfejuUyCiTnYfcr4l7kl6KfdIFkKtPmjlPFwJvkNybEIg0dkIlcMxeJKqf7V_jYZrJDSv9iwkbtg&csui=3): Stored energy that has the potential to be converted into kinetic energy.
	+ [Thermal energy](https://www.google.com/search?client=firefox-b-1-d&cs=0&sca_esv=b3c2877e5f698d99&q=Thermal+energy&sa=X&ved=2ahUKEwjfq5a1rMaNAxVxRjABHcYtJgQQxccNegQIFxAB&mstk=AUtExfCBiARfVydlEsAxsWfoCP62KxJ5yikyieMeYfK0WK28uDyytwXZC_-zfejuUyCiTnYfcr4l7kl6KfdIFkKtPmjlPFwJvkNybEIg0dkIlcMxeJKqf7V_jYZrJDSv9iwkbtg&csui=3): The internal energy of a system related to the motion of its constituent particles.
	+ [Electrical energy](https://www.google.com/search?client=firefox-b-1-d&cs=0&sca_esv=b3c2877e5f698d99&q=Electrical+energy&sa=X&ved=2ahUKEwjfq5a1rMaNAxVxRjABHcYtJgQQxccNegQIGBAB&mstk=AUtExfCBiARfVydlEsAxsWfoCP62KxJ5yikyieMeYfK0WK28uDyytwXZC_-zfejuUyCiTnYfcr4l7kl6KfdIFkKtPmjlPFwJvkNybEIg0dkIlcMxeJKqf7V_jYZrJDSv9iwkbtg&csui=3): Energy associated with electric charges and fields.
	+ [Chemical energy](https://www.google.com/search?client=firefox-b-1-d&cs=0&sca_esv=b3c2877e5f698d99&q=Chemical+energy&sa=X&ved=2ahUKEwjfq5a1rMaNAxVxRjABHcYtJgQQxccNegQIGhAB&mstk=AUtExfCBiARfVydlEsAxsWfoCP62KxJ5yikyieMeYfK0WK28uDyytwXZC_-zfejuUyCiTnYfcr4l7kl6KfdIFkKtPmjlPFwJvkNybEIg0dkIlcMxeJKqf7V_jYZrJDSv9iwkbtg&csui=3): Energy stored in chemical bonds.

 Every school kid knows, Albert Einstein said in his famous equation relating mass to energy, E = mc^2,” The energy of a system is equal to its mass multiplied by the speed of light squared (c2). This means that a small amount of mass can be converted into a large amount of energy due to the large value of c.” This principle implies that mass can be converted into energy and vice versa.

 If Einstein is correct, why isn’t “Matter” listed as a form of Energy. I looked a little further and came to this realization, “When physicists speak of Energy and Matter being the same things in different form, they know very little about the type of Energy that forms Matter or what form it assumes when it isn’t Matter.” Without fully understanding energy, they will insist that Energy and Matter can assume each other’s form but cannot be destroyed.

 I turned to Harvard’s Physicists and searched for a little more information. I posed this question to the University electronically. “Does Energy ever end?” I received an answer generated by AI. It said, **“**No, Energy does not end.”

 Einstein’s theory states that energy can neither be created nor destroyed, but it can be transformed from one form to another. This means the total amount of energy in a closed system, like the universe, remains constant.

 I dug a little deeper and received a more detailed explanation, “The fundamental principle is that Energy doesn't just disappear; it changes its form. When you use energy, it's not lost, but rather converted into another form, such as heat or movement.”

 Then I asked: What are the 7 main types of EM radiation?

 I was given another AI answer, it read, “From long to short wavelength, the EM spectrum includes radio waves, microwaves, infrared, visible light, ultraviolet, x-rays and gamma rays.”

 Radio waves have the lowest energy and frequency and the longest wavelength. Gamma rays have the highest energy and frequency and the shortest wavelength.

 (I had to laugh, Nikola Tesla said many years ago, “If you want to find the secrets of the universe, think in terms of energy, frequency, and vibration.”)

 The computer gave me another page of information, beginning with [Thermodynamics](https://www.google.com/search?client=firefox-b-1-d&sca_esv=10d6edd35f94b437&cs=0&q=Thermodynamics&sa=X&ved=2ahUKEwjT0o_luMaNAxUgQTABHf0xMBsQxccNegQIChAB)**:**

 The first law of thermodynamics directly states that energy is conserved, meaning it cannot be created or destroyed. Energy can change forms through various processes. For example, potential chemical energy can be converted into kinetic energy when a car burns fuel, or sunlight can be converted into electrical energy by solar panels.

 It mentioned Entropy: While energy is conserved, the second law of thermodynamics introduces the concept of [entropy](https://www.google.com/search?client=firefox-b-1-d&sca_esv=10d6edd35f94b437&cs=0&q=entropy&sa=X&ved=2ahUKEwjT0o_luMaNAxUgQTABHf0xMBsQxccNegQIGBAB), which describes the tendency for energy to become less useful or more dispersed over time. This means that while the total amount of energy remains the same, some forms of energy might become less accessible or useful for performing work.

 Then I asked, “Is Energy an infinite substance or phenomena?”

 AI answered me again this way, “In the realm of physics, energy is generally considered a phenomenon rather than a substance. It's a fundamental concept that describes the ability to do work, and it manifests in various forms like kinetic energy (motion), potential energy (stored energy), and thermal energy (heat). While energy can be transferred and converted, it's not a material entity or substance in the same way that matter is.

 Harvard University's Department of Physics is a leading institution in exploring this concept, including its various forms and interactions. They have posted a more detailed explanation of Energy as a Phenomenon: “Energy is an abstract concept that describes the capacity to perform work or cause change. It's a property of systems and objects rather than something that exists independently.” While energy is a quantifiable and conserved quantity, it's not like a material substance that can be held or stored in a container. It exists as a relationship between different physical states or interactions.

 My thoughts are, “If energy cannot be held or stored in a container… what was supposedly inside of that Singularity they have been telling us about during the time before the Bang?” They say, “Energy exists as a relationship between different physical states or interactions. Where were those “Different States” stored? Were they inside of that Singularity as well?”

 My Christmas Prophecy solves all of the problems generated by “The Big Bang/singularity” theory. The First Dimension is Infinite, and it contains an infinite amount of Possibilities. Each of us is a unique Possibility, The Periodic Table is a collection of Possibilities. Energy and Space-time are possibilities as well. First Dimension Possibilities assume a shape and the ability to interact with one another in Spacetime, the Fourth Dimension.

 Let’s return to what those Professors at Harvard said about Energy not being a substance. They said, “*While energy is a quantifiable and conserved quantity, it's not like a material substance that can be held or stored in a container. Energy exists as a relationship between different physical states or interactions”.*

 So should I make these claims I would not be in conflict with what those Professors said about Energy:

1. A formless First Dimension Possibility, a thing without Mass, formed Space-time.
2. Space-time, in turn, provides the Energy necessary to give functional forms to all other First Dimension Possibilities.
3. A Physical Form allows all of those new objects to move, and to develop relationships with each other, allowing Reality and Life to evolve.

 Logic had told me a pool of Energy must exist somewhere between the possibility of an orange in the First Dimension and an actual orange falling from a tree in the Fourth Dimension. The reason I went to the writings from the different universities was to find clues to its location. Logic pointed me directly at Space-time.

 The Creation Event began when Space-time started running for this Reality of ours. An instant later, the Possibilities that would form this Reality were injected into Space-time. This Reality is still evolving.

 Each different reality, or verse, runs on a different Space-time cycle. Each different Verse has its own beginning and ending.

 Initially, I thought Space-time and Energy were the same thing, but as new insights came to me, I changed my position on that issue. I realized that Possibilities determined the nature of the relationship between Space-time in each verse and the formation of Matter within it.

 Matter in a carbon-based reality would behave differently than Matter formed in a silicon-based reality. There are other reasons why Space-time would have different parameters in the different verses, but let’s just say that I would need another lifetime to document them all. My mission was to finish this book so, I accepted it as fact that Space-time was an infinite possibility in the First Dimension and temporary in the Fourth Dimension and moved on.

 When our particular Reality, or Verse, was created, the Fourth Dimension was already in existence. The Possibilities that formed our Reality were released into a Bubble of Nothingness within the confines of the Fourth Dimension. Space-time was injected an instant before the possibilities.

 The faster than light expansion of Space-time is what scientists have been referring to as “The Big Bang.” Its initial faster-than-light expansion allowed the possibilities to instantly begin assuming form at enormous distances from each other. Even today, it is Space-time that is forcing this universe to expand, allowing for the continuous evolution of our Reality.

 Because there is only one original infinite phenomenon, the Fourth Dimension would be another manifestation of the First Dimension. All of the Possibilities that were moved into the Fourth Dimension drew the Energy they needed to become material objects directly from the Space-time in their particular verse, the instant they appeared in it.

 I saw every Verse of the Multiverse being formed this way. The Fourth Dimension contains an infinite amount of Verses. Each one of them has its own, unique, bubble of Spacetime.

 I struggled with this new concept for a while but eventually realized that Space-time is formed by Energy, in the same way Matter is formed by Energy. Our scientific community accepts that Energy forms Photons, Electrons and Positrons, Neutrons and Neutrinos, Quarks, Bosons, and EM Waves, and all other subatomic particles, adding Space-time to the list was not that long of a jump. Space-time is simply another temporary form of Energy and subsequently so is this Reality of ours.

 All subatomic particles move. That means they can only exist in the Fourth Dimension. Some of those particles have limited movement, only moving within the confines of the nucleus of an atom. Other subatomic particles, like electrons, enjoy a much greater range of motion. Photons are jetting around everywhere.

 Electrons occupy different shells, or orbits, circling the nucleus at different distances depending on the amount of Energy they carry. Electrons can absorb Energy and move to a higher shell farther away from the nucleus or lose some Energy and reposition at a lower level that is closer to the nucleus. Electrons lose energy by creating photons. When electrons emit photons the Energy to create those photons came from Space-time. All subatomic particles draw the Energy necessary for their creation, and subsequent motion. from Space-time.

 That train of thought released me from the Singularity Hypothesis. I had been shown how the First Dimension could create this Reality and the Universe it contains, while providing the continuous supply of Energy, environmental and social changes, necessary to support its continuous evolution. It was simplistically logical.

 I smiled. The First Dimension would hold an infinite number of Possibilities, as well as the Knowledge necessary to build those Possibilities. The Fourth Dimension offers the platforms, we call Verses, to construct them.

 This is a convenient point for me to explain my thoughts about the first four dimensions… the traditional ones.

 In all of my meditative visions I have only seen two dimensions. They are The First Dimension and the Fourth Dimension. Personally, I like to think of the First Dimension as the “Source” and the Fourth Dimension as “The Stage” but members of our scientific community have their own way of describing them. It doesn’t matter; there are no words to adequately describe infinite phenomena.

 Whatever you choose to call it, the First Dimension contains formless, but infinite, possibilities. I believe that the First Dimension is the source of all things, and all other dimensions are manifestations of it.

 The Fourth Dimension, for instance, allows a formless possibility to assume a multidimensional shape, move, and interact with other entities. I can say this with confidence for one simple reason. For a possibility to take on a functional solid form, the atoms and subatomic particles they are forming must have component parts that move. The only places I have seen that allow motion are the independent bubbles of Space-time existing in the Fourth Dimension.

 Therefore, the First Dimension contains all things in the form of possibilities be they one, two, or three dimensional. The Fourth Dimension contains solid forms of those Possibilities.

 This is the point at which I realized I had been writing about The Theory of Everything. With the thoughts of those physics’ professors at Harvard in my mind, I wrote “The infinite possibilities contained in the First Dimension create all things when they are in the presence of Energy. That energy exists in Space-time.”

 In my mind I am looking at a very simple formula: “Infinite Possibilities from the First Dimension, in the presence of energy in the Fourth Dimension, create All Things.” I gave my written definition to an AI driven math program, and it wrote this:

 ∞₱1 ↔ E4 = AT

 I cannot swear to the validity of that formula. I did write the paragraph describing it.

 Another different but related insight entered my mind; “Include Awareness and Thought in this model of Reality.” Once I included awareness and thought, it became crystal clear. A mental image of the Creation Event unfolded with the classic beauty of a blooming Lotus.

* Energy has no definable shape or mass.
* Possibilities have no definable shape or mass.
* Knowledge has no definable shape or mass.
* Awareness and thought have no definable shape or mass.

 At this point, I would like to discuss some of the issues we have addressed so far.

* In the First Dimension, Energy is a formless Possibility. Energy is motionless and has no mass.
* In the First Dimension, the Fourth Dimension Is a formless Possibility.
* Matter can only form in a medium that supports, or allows, motion. Space-time is such a medium. The Energy that forms Matter can be drawn from it.
* For Matter to form, the subatomic particles, like electrons, must be able to move. It is Space-time that allows all movement by providing the time for that movement to occur. Space-time is necessary for any motion, from subatomic particles to the galaxies themselves, because that motion must occur along a specific timeline. Without motion, elementary particles could not form, and we would not exist.
* The Creation Event also formed Electromagnetic Waves or Photons. Those phenomena also move and require Space-time to function.

 What entered my mind next was a mental image of the First Dimension nested with the Fourth Dimension, like a pair of Russian Matryoshka dolls. That configuration places those dimensions in the same space simultaneously.

 Why is it that we cannot detect the First Dimension? I think of it like radio and television. Their broadcast signals share the same space but have different frequencies. We simply lack the technology to discover them.

 I have only had insights relating to the First and Fourth Dimensions, but scientists believe there are more of them. If those scientists are correct and there are other dimensions, I believe they would be different manifestations of the First Dimension and would also share the same space.

 Although we cannot visit the First Dimension physically, our Conscious Awareness has the ability to “See” into the First Dimension. When we have the scientific knowledge to understand the particular thing we are observing, it is possible for us to create a solid version of that thing in the Fourth Dimension and utilize it here. That makes us necessary ingredients in the evolution of this Reality. Thinking about that will always get me through a tough day.

 I saw all the verses of the multiverse existing in the Fourth Dimension like eggs surrounded with shells of nothingness. I believe that shell of nothingness is one of the mechanisms hiding the verses from one another.

 However, I have also seen the vibration of a subatomic particle, probably a Boson, determine the location, and function, of atoms in our particular Reality, or Verse. (*All of the technical knowledge I have learned about Bosons came from reading about the work done at CERN.*)

 When I think of Bosons, I think of Tesla and Einstein. Albert Einstein said “everything is Energy and that's all there is to it. Match the frequency of the reality you want, and you cannot help but get that reality. It can be no other way. This is not philosophy.

 Nikola Tesla had a similar answer. He said, “When you think in terms of energy, frequency, and vibration, you open up your mind to a whole new way of looking at the world.”

 Current scientific thinking says Hydrogen atoms were the most common atoms formed and Helium atoms second. Helium Hydride has been detected in the remnants of early star systems. But why did one helium atom evolve to become, let’s say, a carbon atom while another helium atom evolves into an iron atom? The heavier elements are said to have formed when the early simple stars exploded. If there was something guiding their development, what could it have been? I return to the same cause again and again: one of the infinite possibilities in the First Dimension.

 Over the years since I had The Christmas Prophecy, I have been meditating daily, often contemplating the reason one particular atom gets made and another does not. As we have been taught, all things are made from Energy. I asked myself, “How does all that Energy know what things it needs to build, how many, and where?” Once again, I saw First Dimension Possibilities.

 I view the possibilities held in the First Dimension as being similar to a strand of DNA inside of a cell. A possibility inserted in Space-time draws the energy it requires to form physically, directly from Space-time. I have come to think of Space-time as a form of Energy Soup.

 I know accepting this concept is a great leap, but once made, you will find logical solutions to many of the great mysteries of physics and spiritualism that surround our creation.

 The following points focus on some of the differences in accepting the First Dimension as the source of Creation:

* The First Dimension is infinite.
* The Fourth Dimension, a different manifestation of it, is also infinite.

* The Creation Event, Big Bang, did not destroy the First Dimension, it is still ready to supply the Possibilities of future verses of the Multiverse.
* The First Dimension is devoid of mass. It contains shapeless phenomena such as infinite possibilities, the knowledge to create them, and the Energy to give them their unique form. This is exactly the same as our theoretical Creation Singularity.
* The First Dimension sustains the continued evolution of this unique Reality of ours in the Fourth Dimension by providing a steady stream of new Possibilities for us to develop here.
* Space-time provides the Energy for the different verses or realities, to form and function.
* All things that exist in the Fourth Dimension, our dimension, still exist as possibilities in the First Dimension. They were there before the creation of this Reality and will still be there after this Reality ends.
* All of the unique things in Space-time are temporary.
* What scientists see as the Creation Singularity was a doorway from the First Dimension opening into the Fourth Dimension. It still survives today allowing for two-way traffic between our Reality and the First Dimension.
* The Creation Event, the Big Bang, moved the Possibilities necessary to create this Reality, this Universe, and Life, from the First Dimension into the Fourth Dimension.
* This Reality, and our Universe, was formed inside a subatomic field of Nothingness. As it expands, that field of Nothingness still surrounds us.
* The Creation Event consisted of two waves. The formation of our Reality and its Physical Universe was the first wave. The second wave began with the creation of Life. That allowed for a constant stream of biological, technological, and social advancements to interact while this Reality evolves.
* Life evolved from simple one-celled organisms to complex multi-celled forms during the second wave. Every living organism today can trace its ancestry back to those first one-celled organisms.
* The Second Wave is an ongoing process responsible for all scientific, technological, social, and artistic advancements. It affects all of us. This mechanism provides the constant stream of choices that guarantee our ability to exercise Free Will.
* All creative insights are part of the progression of Possibilities emanating from the First Dimension to this Reality. It is all part of the second wave of Creation.
* The First Dimension is self-aware.

 Accepting these assumptions makes it easy to understand how Possibilities from the First Dimension take form in the Fourth Dimension.

 Accepting that the First Dimension is the source of “All things,” also accounts for our conscious awareness being the vessel for a large part of the second ongoing wave of Creation. Our bodies possess the Energy necessary to construct the new inventions or works of art that our conscious awareness “sees” while they are still formless Possibilities in the First Dimension.

 Those Possibilities exist in the First Dimension, and we can see them and bring them to the Fourth Dimension to give them solid form, providing we possess the minimum amount of knowledge required to understand them.

 I see futuristic writers of the past as examples of people that could see possibilities in the First Dimension but did not have the education or a technological society capable of making them a reality.

 Jules Verne lacked the technical ability to construct the strange things he “saw” so he authored stories about them instead. Leonardo DaVinci made sketches and tried to build some of the things he saw in his mind’s eye. I imagine even some of our great theoretical thinkers, like Albert Einstein and Stephen Hawking, were pulling their most astounding concepts from the First Dimension.

 I have always been puzzled by the source of many of the ideas entering my own mind. Sometimes I simply added to or modified an existing bit of another person’s work. Some ideas, however, never existed anywhere on this Earth before the possibility of them entered my mind. It is those types of insights that I am writing about here.

 New concepts, new inventions, and ideas that launched brand new industries, such as radios or transistors, did not have a historical presence here. Until a curious mind saw them, they were only formless possibilities in the First Dimension. They were created because our technology allowed it.

 Often ideas pop into our heads with streams of information and images of working models. Most scientists believe that our subconscious is responsible for those ah-ha moments. They think we create those significant innovations from bits of knowledge that we stumble over while strolling on the road of life. Researchers call it intuition, an ambiguous catch-all for things they do not understand. Isn’t it logical those innovations would come from the same source as all other Possibilities, the same source that existed before the Creation Event; The First Dimension.

 Why do a few people create so much more than others while some never make anything new at all? I believe it is a result of the strength of their connection to the First Dimension, the infinite well of all possibilities. It is an ability that all of us have. We have simply learned how not to use it. We have to learn to see with our minds again.

 Our connection to the First Dimension allows us to create new things that help us alter Reality. It defines the importance of biological life in the evolutionary development of intelligent life.

 We are creating “Reality” on an instant-to-instant basis. It is proof that we are not the infestation of a bunch of weeds in this cosmic rock garden, but a necessary participant in its ongoing creation.

 It saddens me, when men and women of science brush off as insignificant, the insights of visionaries, calling them wishful fantasies. Think of the implications if we all began to act like fellow travelers, comrades, on the road of life. Imagine the miracles we could construct by working together. We may finally create a “Garden of Eden” on an often cold and heartless world.